

**Meeting of the Northborough Council on Aging  
July 12, 2016 7:00 Senior Center**

*The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.*

**1. Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:00 PM by Adrienne Cost, Chair with the following also present:

Tony Pini, Member	Phylis Muthee Member
Jerry Anderson, Member	Alice Stapelfeld, Member
Linda Cragin, Member	Anita Hagspiel, Friends
Ed Bombard, Member	Kelly Burke, Senior Center Director

The following were not present: not applicable

**2. Approval of the Minutes:** The minutes for the June 2016 meeting were approved.

**3. Friends' Report**

Anita reported that the Friend's pancake breakfast/car wash/yard sale at Whitney Place was very successful and the design for the float for Applefest has been finalized and will look great! The Friends voted to support the purchase of window blinds for the large activity room. Plans are underway for Applefest, a historical fashion show and high tea on Oct. 15<sup>th</sup> and the fair in November.

**4. Director's Report**

Kelly shared about a new activity – a summer guitar jam on Fridays; massages have also begun and in September new self-management programs will start on chronic pain and diabetes, and new art classes with a one day or two week workshop design.

Discussion about the federal cuts to the SHINE program and impact on seniors results in a motion made (Linda) and seconded (Ed) to send a letter to the Massachusetts congressional delegation to educate them about the importance of this funding. Kelly will provide a sample and Linda will send the letters.

Kelly also mentioned that the front desk position has been posted on the town's website. This will be a program coordinator position for up to 19 hours a week.

**5. WRTA Advisory Report**

Kelly reported that contract renewal is underway.

**6. Bay Path Report**

Jerry reported that Bay Path had a similar discussion about SHINE. The agency also instituted expense control measures and will shift a program that loses money to another agency. They are also looking at reducing services that are not used extensively and expanding the dementia friendly program to new communities.

**7. Old Business**

No old business.

**8. Community Awareness**

Ideas to attract people to the booth for Applefest was discussed. Anita suggested a "wheel of fortune" idea with questions about the senior center and giveaways. The idea was well received and will be implemented.

**9. New Business**

No new business.

It was agreed to cancel the August meeting. The meeting was adjourned at 8:10 pm.

Linda Cragin, Secretary